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New Galen Institute Paper: "Nine Things States Can Do to Push Back Against ObamaCare"

ALEXANDRIA, VA. December 13, 2010 – The Galen Institute **offers** recommendations for nine actions state legislators and governors can take to protect their citizens against the intrusiveness of the new federal health overhaul law.

"States will be on the front lines in the battle against ObamaCare over the next two years as they lead the fight against this hugely unpopular law," Galen Institute President Grace-Marie Turner said.

"The federal government is demanding that states spend precious time in upcoming legislative sessions to set up massive new bureaucracies in anticipation of spending billions of dollars to implement ObamaCare. But there are ways states can protect themselves from being swamped by these federal demands."

In the paper, Grace-Marie Turner outlines the following suggestions for states:

1. Set up only a minimal health exchange
2. Request a block grant for Medicaid
3. Join the Florida lawsuit

4. Pass the Freedom of Choice Act
5. Request MLR waivers
6. Get business waivers
7. Hold hearings
8. Refuse to take federal grants involving insurance rates
9. Do what works for your state

To schedule an interview with Grace-Marie regarding this paper, please contact Sterling Meyers at 703-299-8900 or **sterling@galen.org**.

"9 things states can do to push back against ObamaCare" is available online at: **http://www.galen.org/fileuploads/9_Things_States.pdf**.

*The Galen Institute is a non-profit research organization that specializes in health policy. For more information about the Galen Institute and our work, please visit **www.galen.org**. And for even more of the latest news and views on health reform, visit **www.HealthReformHub.org**.*